

## What is Kiwi Squash?

It is New Zealand's national branded junior squash development programme. This world-class initiative is designed to engage children aged 5-12 years into squash-based activities including...

- Fundamental skill development
- Fun squash activities
- Speed and agility
- Squash-based classroom learning ideas

## So Why Kiwi Squash?

Engages Teachers Fun for Kids Easy to Deliver Links with Clubs

Low cost with minimal equipment

The world's healthiest sport!

In every community

A family sport catering for all abilities

Played Indoors, so no one gets wet

Full of fun events and competitions

This programme is exciting and different because it...

- Is endorsed internationally (by World Squash Federation)
- Links directly to all eight curriculum strands
- Uses age-appropriate equipment
- Is aligned to learning stages of athlete development: cognitive, social, emotional and physical
- Develops fundamental movement skills
- Is delivered in school for Years 1-4 (and at your club for years 5-8)
- Was developed in conjunction with PENZ (Physical Education NZ)
- Is delivered collaboratively by teachers, qualified coaches and club personnel
- Designed to be flexible and adaptable to your school's individual needs

## The Kiwi Squash Resources Include...

- 8 weeks of detailed lesson plans in a comprehensive resource manual
- A DVD visual aid with examples of all games and activities
- Parent information leaflets, connecting with your local club
- Participation certificates
- Promotional posters
- A range of equipment packs to suit all budgets
- Teacher in-service training



Nix would love to see all kids playing squash!