

FOUNDATION COACH

Foundation coaches understand the needs of beginner players and support players of all ages to enjoy their first experiences in squash.

Coach development opportunities include online and practical Modules

DEVELOPMENT COACH

Development coaches understand the needs of developing players of all ages, includes people who are participating/competing.

Coach development opportunities include online and practical Modules

HIGH PERFORMANCE COACH

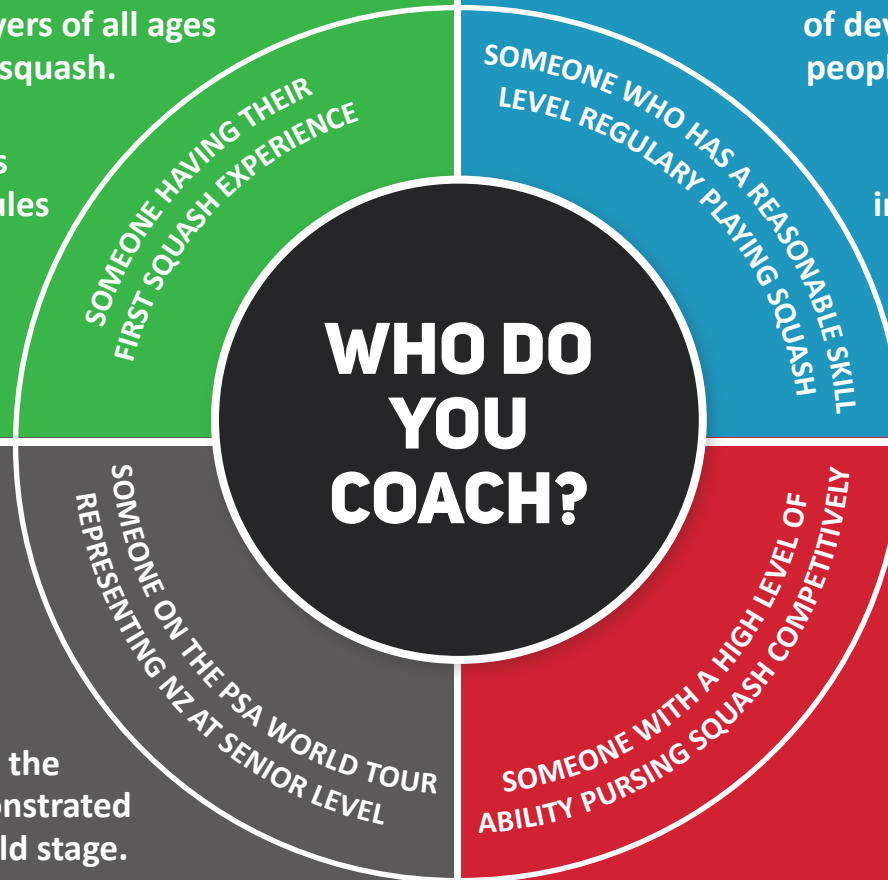
High Performance coaches support the select few athletes that have demonstrated extra ability to perform on the world stage.

Coach development opportunities are highly individualised and will be tailored to individual coaches

PERFORMANCE COACH

Performance coaches support the narrow range of athletes that show extra ability.

Coach development opportunities include online and practical Modules



THE SQUASH NEW ZEALAND COACHING FRAMEWORK IS BUILT ON FOUR CORE BELIEFS:

1. Collaboration amongst coaches
2. Continuous learning
3. Player and athlete focus
4. Coaches are leaders

The framework consists of online learning which coaches can do at their own pace, and practical modules. The practical modules enable coaches to contextualise the online learning and put it into practice on the court. A prerequisite to attending a practical course is completing the required online modules outlined below. These modules are delivered by approved Squash New Zealand Coach Developers.

Within the framework coaches can choose work towards an award or pick areas that they are interested in. For those working towards an award the requirements must be completed within a three-year period.

To access the online learning platform, or further information about the framework go to www.squashnz.co.nz



FOUNDATION COACH

To gain the Foundation Award Coaches need to complete the 2 core modules + 2 foundation modules + the foundation practical.

Core Online Modules:

Coaching Overview
Participant Protection

Foundation Online Modules:

Foundation Junior 5-8 Years
Foundation Junior 9-12 Years
Foundation Adult

Foundation Practical



DEVELOPMENT COACH

To gain the Development Award coaches need to complete the 2 core modules + 3 development online modules + the development practical.

Core Online Modules:

Coaching Overview
Participant Protection

Development Online Modules:

Development Youth
Development Adult
Development Women
Development Teams

Development Practical



PERFORMANCE COACH

To gain the Performance Award Coaches need to complete the 2 core modules + 4 performance online modules + the performance practical.

Core Online Modules:

Coaching Overview
Participant Protection

Performance Online Modules:

Performance Individual Development
Performance Training
Performance Environment
Performance Coaching Process

Performance Practical